

JUNIOR ROUND ROBIN

Every Friday from 4-6 pm we offer a free drop in round robin. It is a pro supervised format where we pair kids together to play out points and games of singles and doubles.

We do not offer make up classes so this is a great way to make up for any missed group lessons. Round robin is open to any junior program participant who is a member or enrolled in the program.

Superstars 1: 4-5pm
Intermediate Top Spinner, Superstars 2 & above: 4-6pm.
(excluding pee wee and future stars)

Save a Date!

Fall Junior Rookie Tournaments

- October 16th 12—8:00 p.m.
- November 13th 12—8:00 p.m.
- December 11th 12—8:00 p.m.

Lake Country Racquet & Athletic Club
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2010 Fall Junior & Pee Wee Tennis Programs

September 9—January 23

Pee Wee/Futurestars Sessions:

Session 1: 9/9—11/14

Session 2: 11/15—1/23

No Classes:
October 30-31
November 25-28
December 24-January 1



Circle Start Date if dropping into the program late.

September 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6	7	8	9 #18	10	11 #16
12 #17	13 #18	14 #18	15 #18	16 #17	17	18 #15
19 #16	20 #17	21 #17	22 #17	23 #16	24	25 #14
26 #15	27 #16	28 #16	29 #16	30 #15		

October 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 #13
3 #14	4 #15	5 #15	6 #15	7 #14	8	9 #12
10 #13	11 #14	12 #14	13 #14	14 #13	15	16 #11
17 #12	18 #13	19 #13	20 #13	21 #12	22	23 #10
24 #11	25 #12	26 #12	27 #12	28 #11	29	30

November 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1 #11	2 #11	3 #11	4 #10	5	6 #9
7 #10	8 #10	9 #10	10 #10	11 #9	12	13 #8
14 #9	15 #9	16 #9	17 #9	18 #8	19	20 #7
21 #8	22 #8	23 #8	24 #8	25	26	27
28	29 #7	30 #7				

December 2010

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 #7	2 #7	3	4 #6
5 #7	6 #6	7 #6	8 #6	9 #6	10	11 #5
12 #6	13 #5	14 #5	15 #5	16 #5	17	18 #4
19 #5	20 #4	21 #4	22 #4	23 #4	24	25
26	27	28	29	30	31	

January 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 #4	3 #3	4 #3	5 #3	6 #3	7	8 #3
9 #3	10 #2	11 #2	12 #2	13 #2	14	15 #2
16 #2	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

2010 Fall Tennis Registration

Student's Name: _____

Parent's Name: _____

Address (if non-member): _____

Email address: _____

Member/Non?: _____ Phone: _____

Drill Name: _____ DOB: _____

Drill Day: _____ Drill Time: _____

Session: _____

Please complete below the type of registration that you choose. We will allow a late start into our program (please see registration type below), but we do not allow early withdrawal, or 1 day registrations.

FULL SESSION REGISTRATION OPTION:

Best value and guaranteed placement
(online registration is also available at www.lcclub.com)

Amount Paid? _____

If Member, would you like to pay in installments? _____ (max 4)

~ OR ~

DROP IN (late start) REGISTRATION OPTION:

\$25.00 administrative fee

#1: A pre-registration drop-in (late start) prior to the week of your child's start date.

- There will be a \$25.00 handling fee.
- No guaranteed placement for drop in's due to late start.
- This option may not be done online.

Start date: _____

Amount Due: # of weeks _____ x rate = \$ _____

If Member, would you like to pay in installments? _____

If so, how many months? (may not exceed 4) _____

#2: A pre-registration drop-in (late start) the week of your child's start date.

- Registration may not be done earlier than 6 days prior to start date!
- May be done either online at www.lcclub.com or in person.
- There is no additional fee involved.
- No guaranteed placement for drop in's due to late start.

Start date: _____

Amount Due: # of weeks _____ x rate = \$ _____

Pee Wee I & Pee Wee II					
Per drill: 45 minutes \$13.50 member & non-member					
Mr. Pee Wee Tennis is designed especially for ages 4-6. These lessons take place on miniature courts with smaller size racquets and soft foam balls.					
				Session I	Session II
PW I	Sunday	9:00	Tim S.	\$121.50	\$108.00
PW I	Tuesday	4:00	Chris	\$121.50	\$121.50
PW I	Wedn.	4:00	Jeff	\$121.50	\$121.50
PW I	Sat.	9:00	Jeff	\$121.50	\$ 94.50
PW II	Sunday	10:00	Tim S.	\$121.50	\$108.00
PW II	Tuesday	4:45	Chris	\$121.50	\$121.50
PW II	Wedn.	4:45	Jeff	\$121.50	\$121.50
PW II	Sat.	9:45	Jeff	\$121.50	\$ 94.50

Futurestars & Futurestars Plus					
Per drill: 60 minutes \$18.00 member & non-member					
In the next step of our Pee Wee Program, we introduce regulation balls, full court play, and a fitness. Your child will spend 1 hour rotating between tennis instruction and working with a personal trainer introducing fitness for fun into their lives.					
				Session I	Session II
FS	Sunday	11:00	Tim S.	\$162.00	\$144.00
FS +	Tuesday	4:00	Dave	\$162.00	\$162.00
FS +	Wedn.	5:30	Jeff	\$162.00	\$162.00
FS +	Saturday	9:30	Chris	\$162.00	\$126.00

Superstars & Superstars Plus					
Per drill: 1 hr. \$18.00/\$23.00 ~ Superstars Plus: \$23.00/\$28.00					
SUPERSTARS I			Age: 7—9 years		
Can hit baseline to baseline several times with a low compression tennis ball. Is able to hit short court with a regular tennis ball back and forth. Working on good fundamentals for the foundations of their ground strokes. Uncomfortable at net.					
Sunday	Monday	Thursday	Saturday	Session I	Session II
1:00	4:00	4:30	8:30	\$306.00	\$391.00
				\$324.00	\$414.00
				\$324.00	\$414.00
				\$288.00	\$368.00

SUPERSTARS II			Age: 8—11 years		
Has had some prior instruction. Can hit baseline to baseline several times with a regular tennis ball. Starting to use proper technique in play and working on positioning. Serves are still inconsistent but necessary because some point play and games will begin with a serve. Net play is encouraged.					
Sunday	Wednesday	Thursday	Saturday	Session I	Session II
2:00	4:00	5:00	10:30	\$306.00	\$391.00
				\$324.00	\$414.00
				\$324.00	\$414.00
				\$288.00	\$368.00

SUPERSTARS III			Age: 8—14 years			
Student should have 1—2 years experience. Fairly consistent in ground strokes and working on spin with some directional intent. Lacks depth control. Proper form should be present in rallies. Serves are working on consistency and control. Forehand volleys are consistent at the net. Baseline play is a more comfortable position than the net.						
Sunday	Monday	Wednesday	Thursday	Saturday	Session I	Session II
3:00	5:00	5:00	5:30	8:30	\$306.00	\$391.00
					\$324.00	\$414.00
					\$324.00	\$414.00
					\$288.00	\$368.00

SUPERSTARS II/III Plus			Age: 8—14 years		
An 1 1/2 hour class incorporating our Superstars II & III classes with an added fitness component. While playing games and going through obstacle courses, the children will work on the fundamentals of running, jumping, strength and endurance with an emphasis on rotation, balance, speed & agility to help improve their tennis game.					
SS II	SS III	Monday	Tuesday	Session I	Session II
		4:30	4:30	\$414.00	\$504.00
				\$414.00	\$504.00

TEEN INTRODUCTORY			Age: 12-15 years		
This group is geared toward those teens that have little or no experience in tennis.					
Sunday	Tuesday	Saturday	Session I	Session II	
1:30	5:30	11:30	\$306.00	\$391.00	
			\$324.00	\$414.00	
			\$288.00	\$368.00	

Excellence			Age: Pro approved		
Per drill: 1 1/2 hr. \$23.00 Member ~ \$28.00 Non-member					
EXCELLENCE			Age: Pro approved		
Minimum 2 years of experience and lessons. Improved consistency on ground strokes. Good form should be apparent on ground strokes, volleys and serves. Serves are working on spins and power. Can execute forehand and backhand volleys. Working on doubles skills. Transition areas difficult. Less emphasis on form, more time spent on spins and playing					
Sunday	Monday	Tuesday	Session I	Session II	
2:30	4:00	5:30	\$391.00	\$476.00	
			\$414.00	\$504.00	
			\$414.00	\$504.00	

EXCELLENCE I			Age: Pro approved		
2-4 years of experience and lessons, varsity level players, know how to hit spin in competitive play. Ground strokes are consistent and hits depth under control. Player can direct ball with consistency and depth on moderate serves, developing spin. Working on placement of forehand and backhand volleys. Becoming offensive at the net.					
Sunday	Wednesday	Saturday	Session I	Session II	
4:00	5:00	10:30	\$391.00	\$476.00	
			\$414.00	\$504.00	
			\$414.00	\$504.00	
			\$368.00	\$448.00	

EXCELLENCE II			Age: Pro approved		
This is for the strong varsity player. Drills are intensive and extra play is mandatory. Strategy in both singles & doubles is taught during practice.					
Sunday	Monday	Saturday	Session I	Session II	
4:00	5:30	12:00	\$391.00	\$476.00	
			\$414.00	\$504.00	
			\$368.00	\$448.00	

JR & HIGH SCHOOL TOURNAMENT TOUGH			Age: Pro approved		
This program is designed for the above average player who is active in tournaments and already has developed stroke technique. They will be looking to play varsity in high school and have college tennis as a long term goal. The high school level will have a high level of pace and consistency. The Jr level will focus on good stroke technique and consistency.					
Jr	HSchool	Monday	Tuesday	Session I	Session II
Sat. 9:30	Sat. 11:00			\$368.00	\$448.00
				\$368.00	\$448.00
				\$391.00	\$476.00
				\$391.00	\$476.00

QuickStart Tennis Program			Age: Pro approved		
Per drill: QuickStart \$13.50 member/non-member 1 hr. \$18.00/\$23.00					
READY, "QUICKSTART", PLAY!			5—6 years		
QuickStart Tennis for the layer with little or no tennis experience.					
			Session I	Session II	
Monday	4-4:45	Tim S.	\$121.50	\$121.50	
Thursday	3:30-4:15	Bridgette	\$135.00	\$108.00	

ME & MOMMY/DADDY:			3—4 yrs with a parent		
Pre-tennis for children. This class works on developing eye-hand coordination & athleticism. <u>Parents do not need any tennis experience.</u> Making the class fun and easy for parents working together with their children maximizes their learning experience.					
			Session I	Session II	
Monday	11:30-12:15	Bridgette	\$180.00	\$180.00	

JUNIOR RALLY			7—8 years		
For the junior who has little or no tennis experience or who is beginning to rally the ball with a partner.					
Monday	Tuesday	Session I	Session II		
5-6:00	4:30-5:30	\$324.00	\$414.00		
		\$324.00	\$414.00		

INTERMEDIATE TOP SPINNER			8-12 years		
For the intermediate junior player looking to improve their tennis stroke technique, footwork, and match play strategy skills all while having fun. Focus is on fine tuning stroke technique with the use of challenging drills and point play simulation. Match play strategies will also be discussed and integrated throughout class.					
Monday	Thursday	Session I	Session II		
6-7:00	4:30-5:30	\$324.00	\$414.00		
		\$324.00	\$414.00		

THE FAMILY THAT PLAYS TOGETHER.....			Age: Pro approved		
Ages 5 - 9. For the beginning parent and child with little or no tennis experience. This class is designed for families to have fun TOGETHER while learning and playing the game of tennis. Utilizing the quickstart tennis format, families will be introduced to fundamental strokes, rally progression play, and scoring through fun games and drills. Fee: \$25.00 (1 parent/1 child) ~ parent must be member					
			Session I	Session II	
Saturday	9:30-10:30	Bridgette	\$225.00	\$175.00	